Constitution

of the

SEMO's Best

Best Ball

Auction League

2026

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Mission Statement

This Constitution aims to provide the General Managers of the SEMO's Best best ball league with a structure and guidance for the league's duration.

Dates to Know

Kickoff: September 9
Auction:
Buy-in Deadline: October 11
FAB period: Week 8

League Structure

- 12 teams
- 6-team playoffs (see Playoffs)
- 2 weekly matchups* (see Matchups)
- Full PPR / half-point first downs / TE-premium / big game bonuses / 6-point PaTD (see Scoring)
- 18 total roster spots (see Roster)
- Online auction draft: $200 budget (see Draft)
- $100 FAB budget (See Acquisitions)

Buy-in

Buy-in will be $25 due by October 11

- CashApp: $SEMOFantasy
- Venmo: @TChaseDavis

Payout Structure

1st:	$150
2nd:	$65
3rd:	$50
RegSZN High Score:	$35

Draft

- Date:
- $200 budget
- 30 sec nomination timer
- 15 sec bidding timer
- Managers can bid on any nominated player. Whichever manager bids the most before the timer ends, wins the player

Roster

- Quarterback (QB) - 1
- Running Back (RB) - 2
- Wide Receiver (WR) - 2
- Tight End (T) - 1
- Flex (W/R/T) - 3
- Bench - 10

Acquisitions

NO TRADES ALLOWED
FAB RUNS ONCE AT THE MIDPOINT

Free Agents

FAB budget- Free Agent Budget; highest bid wins the available player

- $100 budget
- $1 minimum bid
- Waivers run ONE TIME only after week 7, before week 8

Matchups

- Each week will consist of 2 matchups.
  Matchup1: vs one opponent of the league; Matchup2: vs the weekly league median in points:
  - *League median points is 130 points.*
  - Ex1: Team beats their opponent & scores 160 (2-0)
  - Ex2: Team beats their opponent & scores 100 (1-1)
  - Ex3: Team loses v their opponent & scores 140 (1-1)
  - Ex4: Team loses v their opponent & scores 70 (0-2)

- Best Ball format removes the need to make tough lineup decisions
  - The system will take the highest scoring player for each lineup position to determine each team's max points possible

Playoffs

- 6-team playoff structure (Weeks 14, 15, 16, 17)
- Seeds are determined by regular season record, then PF
- Each round will reseed with lowest seed playing highest
- Championship will be 2 weeks long

Scoring

Passing:

- 25 yards = **1**
- Touchdown = **6**
- 2-pt conversion = **2**
- Interception = **-1**
- Fumble lost = **-1**

Rushing:

- 10 yards = **1**
- 1st down = **.5**
- Touchdown = **6**
- 2-pt conversion = **2**
- Fumble lost = **-1**

Receiving:

- 10 yards = **1**
- Reception = **1**
- TE rec. = **+.5 (1.5 total)**
- 1st down = **.5**
- Touchdown = **6**
- 2-pt conversion = **2**
- Fumble lost = **-1**

Kick Returns:

- 15 yards = **1**
- Touchdown = **6**
- Fumble lost = **-1**

Bonuses:

- 40+ yard pass = **.5**
- 40+ yard rush/rec = **.5**
- 100-199 yd rush/rec = **2**
- 200+ yd rush/rec = **+1 (3 total)**
- 300-399 pass yards = **2**
- 400+ pass yards = **+1 (3 total)**

Admission Requirements

1. Sleeper fantasy account – this league uses this platform
2. Discord account – everything that is discussed, voted, argued, or gambled on happens in there
3. Money – buy-in fees/trophy fee
4. Fantasy football knowledge – best ball context
5. Unique fantasy football team name – needed before regular season starts

League Summary

- PPR, TE-premium with bonuses football league on Sleeper
- Sleeper automatically selects highest scorers for each team
- H2H matchups plus league median, 6-team playoff
- Auction draft with $200 budget
- Top 3 teams, season high score pay out
- One-time FAB waivers ($100 budget)